

## FEVER AND FLU CASES RECOVER QUICKLY

*Dr. H. F. McKim*

Each year your body has to adapt itself to seasonal changes. This is no problem if your body is healthy. When your body loses its natural, inherent ability to adapt itself, sickness results.

The human body's ability to cope with its environment, such as weather changes and other threatening irritations, is known as "resistance." Actually, resistance is simply normal function — the healthier the body, the greater the resistance.

To maintain high level resistance, the body must maintain perfect timing and mechanical co-ordination. This means the body's control system, the nerve network, must be free of spinal pressures and other disturbing interferences. Our researchers discovered long ago that in highly inflamed conditions of the head, throat and chest, such as found in fevers, flu, etc., the nerves of the spine are acutely irritated.

These feverish conditions usually start with a simple congested area caused by a hot, inflamed nerve end plate, caused by a hot nerve, caused by an irritation back up the nerve line at its exit from the spine, caused by a fall, jerk or bump. Here is a case history from our files to illustrate this point.

About a month ago a little 10-year-old girl was hit in the head with a soccer ball during her noon hour at school. By 2:00 p.m. the nurse sent her home with 101° temperature. Her frantic mother, a former patient, tried to reach me. Unfortunately, I was attending a research seminar in Jacksonville. She rushed the child to another doctor. "After examining her, the doctor told me she was very ill with 104° temperature, but that it was not from the bump on the head. He said it was possibly some bizarre childhood disease, but he preferred not to treat her until she presented more symptoms. He told me to take her home, give her aspirin and if the temperature persisted the following day, he would hospitalize her for observation." This was the statement she made to me after returning her call later that evening. Still worried, she asked me to examine her daughter.

We found several acute nerve pressures in her neck and upper spine. Within fifteen minutes we had re-aligned the displaced vertebrae causing the nerve disturbance—undoubtedly produced by the "bump on her head"—and her temperature quickly subsided. She went to school the next morning. We saw her again three days later. She was still feeling fine which gave her grateful mother even more confidence in chiropractic care. Amazing isn't it? No. 1623.

If you are still suffering from head congestion, fever or flu, investigate the McKim Chiropractic Center. What can you lose except your miserable aches.

One of a series of articles published in the public interest to explain and illustrate scientific chiropractic written by Dr. H. F. McKim, 1967 W. Union Blvd., Bethlehem—1 block east of Almart. Phone 865-2010—Hours Daily 9 to 12 A.M. and 4 to 8 P.M.—Thurs. 9 to 12 A.M., Sat. 8 to 11 A.M.



**Dr. H. F. McKim**  
CHIROPRACTOR

## Gall Bladder Saved From Surgery!

*Dr. H. F. McKim*

Your gall bladder is very essential to normal digestion. Don't have it removed—until you have investigated ALL the methods recognized and licensed in the healing arts.

Bile is manufactured continuously by the liver and is emptied into the gall bladder which acts as a reservoir. During digestion, as food leaves the stomach, the bile is forced into the small intestine where it aids in the digestion of fats, has a bactericidal action and lubricates the intestine. The gall bladder merely stores bile until used.

The gall bladder has a nervous control under the central nervous system. Interference with the nerves can cause it to function abnormally—cause local elevation of temperature, the formation of gall stones, or predispose to infection. Chiropractic has saved many gall bladders simply by removing nerve pressures and cooling off the nerves that cause inflammation.

If chiropractic adjustments can restore normal function of the controlling nerves, under ordinary circumstances, the gall bladder will properly expel its contents into the intestine and return to normal function.

The following case from our files is a good example:

Back in 1968, a 26-year-old young woman became acutely ill with sharp abdominal pains. Her father summoned their family doctor who placed her in a local hospital. After two days of examination, her condition was diagnosed as an inflamed gall bladder. She was sent home but remained under observation for two weeks. Her condition grew worse and she was scheduled for surgery.

Frightened and worried, her father brought her to the McKim Chiropractic Center where a nerve analysis and X-rays disclosed the nerve pressures causing her suffering. Corrective adjustments removed the offending nerve disturbances and she had a good cry when her condition improved beyond the point of operation one week later. Within ninety days she was dismissed in good health. That was 2 years ago. She was back in last week for her periodical check-up all smiles and still feeling tip top. She told me, "My friends tell me I look better and younger than I did five years ago," which explains why so many of her sick friends have since come to us. No. 48D.

If others have made you well you don't need us. If you are still suffering, investigate for yourself. What can you lose except your ill health?

One of a series of articles published in the public interest to explain and illustrate scientific chiropractic written by Dr. H. F. McKim, 1967 W. Union Blvd., Bethlehem—1 block east of Almart. Phone 865-2010—Hours Daily 9 to 12 A.M. and 4 to 8 P.M.—Thurs., 9-12; Sat. 8-11 A.M.

Advertisement



**Dr. H. F. McKim**  
CHIROPRACTOR

3/18/70

Advertisement

## Chiropractic Treats Asthma Effectively

*Dr. H. F. McKim*

THERE is nothing so distressing as watching a helpless asthmatic gasping and fighting for breath. It almost makes us wheeze to see him suffering so much. Fear radiates from his eyes . . . fear of the possible consequences of the attack. From this anxiety comes a prayer for a normal breath of oxygen. Many asthmatics have been helped through Chiropractic but there are so many more who continue to suffer needlessly. You cannot say everything has been done for asthma unless modern Chiropractic was included.



**Dr. H. F. McKim**  
CHIROPRACTOR

One of a series of articles published in the public interest to explain and illustrate scientific chiropractic by Dr. H. F. McKim, 1967 W. Union Blvd., Bethlehem—1 block east of Almart. Phone 865-2010—Hours Daily 9 to 12 A.M. and 4 to 8 P.M.—Thursday 9 to 12 Noon; Saturday 8 to 11 A.M.

THE MORNING CALL, Allentown, Pa., Friday, June 4, 1971 15

## FREEDOM OF CHOICE IN HEALTH CARE

Americans should have the constitutional and the alienable right to the free exercise of choice in health care. There is in America no freedom of choice in health care today, because to attempt to exercise that freedom is to subject oneself to public ridicule and the threat of criminal action.

—From National Health  
Federation Bulletin

## McKIM CHIROPRACTIC CLINIC

1967 W. Union Boulevard

865-2010

Daily 8:30 'til 12 and 3:30 'til 8  
Closed Thursday Nights and Saturdays

