CHIROPRACTIC CARE
Dr. Raymond Roscioli

When Robert Ingersoll said, "Suffering is not a punishment, it is a result," he was merely restating a well-known fact. And, because many of our readers are Chiropractic Laymen, we would merely be stating fact we will not
should we say that suffering that comes with disease is a result of sublubed slipped vertebral columns and violation of hygienic rules. You have learned that fact in the school of your own personal experiences. Now many of you, at the sign of physical suffering, get relief from Chiropractic examinations and whatever care such examination proves to be necessary.

How much less suffering there would be if all people knew, that while suffering is a result, health is also a result - the result of Chiropractic Care, combined with hygiene living. The

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CHIROPRACTIC STOMACH PROBLEMS
DR. RAYMOND ROSCIOLI

Diseases of the stomach are divided into many classes and called various names, but back of all is a cause that if nervous weakness. We have seen many types of stomach weaknesses and have never found one without some interference to the nerves leading to the stomach. Nerve interference lowers the vitality to any organ. Hundreds of people are enjoying stomach health today because of the scientific removal of nerve interference after other methods have failed.

When we realize that severing the nerves leading to the stomach would cause the stomach to be paralyzed then it is easy to understand that any interference to the nerves would cause weakness in the organ to the interference. For this reason, stomach weakness should be treated by Chiropractic.

The responsibility of the Chiropractor to the public health is to properly control the conditions of the spine which by interfering with normal nerve function, cause disease.

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A Modernized Art
DR. RAYMOND ROSCIOLI

Spinal manipulation was first used by the Egyptians and the Greek physicians many years before Christ. Chiropractic, as known and practiced today, was founded by Dr. D. D. Palmer in 1895. He systematized and developed this form of spinal adjustment and prepared himself to teach it. Dr. Palmer established the fact that the vertebrae and skull can and must be manipulated to relieve pressure on the spinal nerves.

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Sinusitis
DR. RAYMOND ROSCIOLI

Sinuses are cavities in the bones of the face, filled with air, opening into the nose passages, but not part of the nose. When there is swelling, the membranes lining the sinuses become thinned and there is an excessive secretion. Acute cases are usually accompanied by pain. There may or may not be pus formation. Normally you have eight sinuses (four pairs). Trouble may be present in any one or any combination of these.

Chiropractic adjustments reach the sinuses through the nerve system, thereby removing congestion of blood and increasing circulation. Adjustments have usually been successful in correcting many cases of sinus. If you have sinus trouble, don't take the medicine conditions. Try Chiropractic.

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Your Body & Your Car
Dr. Raymond Roscioli

Even if you bought the most perfect gasoline and motor oil, your automobile would stall if through failure of operation of the electric system, the spark plugs did not produce the electric spark at the exact time and point necessary for ignition. Therefore, if your car stalls, your mechanic examines the car not only to see if gas and oil are flowing readily, but also to see if there is anything wrong with the wiring system. For if the wires are not just right or if there is a short, the electricity cannot reach the point it should serve.

In an analogous fashion the human body approximates the motor car. The nerves of the body carry the "electricity" to supply the necessary stimuli to different parts of the body. If there is any interference with the normal transmission of these impulses, the organ involved "stalls" until it again receives its normal quota of impulses.

Hence, just as one has one's car thoroughly overhauled yearly at least, so it is but common sense to have a mechanic to look over your body at least once a year. Your Body Mechanic is your Chiropractor.

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COLITIS
Dr. Raymond Roscioli

One of the principal difficulties about understanding colitis is that we usually start in the wrong place. We think of the colon as being the primary fault, but we must be remembered that the trouble does not always indicate the cause of that trouble. Usually, in this type of disorder the primary cause lies in the nervous system.

The majority of people suffering from colitis are not desperately sick, but they are usually very miserable, and this suffering is as real as if there were an active ulceration present in the colon. Colicky pain may be present, belching, rapid heart action (palpitation) are some of the nervous symptoms.

Colitis, often better called "irritable colon" develops from an irritation of the nerve system. The high-strung, nervous type individual is usually the type which is most affected. This in itself is important and opens the way for chiropractic to obtain results in this condition. By directing all attention to the nervous system (the cause of condition) we can work toward removing the symptoms. Removal of the cause follows with the eventual removal of the effects. The chiropractor is able to move the irritation to the nerve wires which go into the colon and control it. Spinal adjustment given only by a chiropractor is capable of getting at the cause and this is the step toward over-all good health.

(Spinal Nerve Pressure Can Cause Many Ailments

The ailments mentioned below are some which may be caused by vertebrae in the spinal column slipping out of alignment and causing pressure and irritation on nerves. Study the chiropractic chart below and you will understand why over 30 million people have benefited from chiropractic care.

1. Slight pressure on nerves at this point may cause headaches, insomnia, pain in the neck, nervousness, dizziness or emotional disorders.
2. A slight slipping of a vertebra, causing pressure on nerves in this part of the spine, may be the cause of throat trouble, burrs, pain in the shoulders and arms.
3. This area where the base of the spine wherein pressure on nerves can cause pain between the shoulder blades, muscular ache in the arms and shoulders, hay fever, allergies, and bronchitis.
4. Nerve pressure at this point may cause chest pains, asthma and difficult breathing.
5. Stomach and liver troubles, enlargement of the spleen, may be caused by vertebrae slipping and causing nerve pressure in this part of the spine.
6. Money gall bladder problems, and shingles, may be caused by pressure at this point.
7. Skin diseases are sometimes the result of nerve pressure at the spine openings here.
8. Such troubles as lumbar, low back ache, sciatica, slipped disc, are relieved by chiropractic adjustment at this point.
9.Constipation, rectal troubles, sciatica may be corrected by chiropractic adjustment at this spot of the spine.
10. A slight slippage of one or both pelvic bones, pubic symphysis, is the cause of sciatica, cramps in legs, and backache.

Regardless of what your ailment is called . . . no matter how long you have suffered . . . chiropractic care may be the answer to your health problem. Find out now if yours is a case for chiropractic . . . Call for appointment.

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NERVE PAIN

If you are one of the 7 out of 10 people who suffer with back pain, your problem is probably caused by pinched nerves in the spine. Nerve pain is the most common reason for back disability. When a spinal segment is not in its normal position, it partly closes nerve openings between the vertebrae, which in turn causes the nerve to be pinched.

Even more important than the back pain is the overlooked fact that the nerves controlling every organ of the body also originate in the spine. Therefore, the misalignment that is causing the pinched nerves in the back can result in a reduction of the flow of nerve energy to some part of the body, which in turn can lead to another disease or painful condition.

That is why the Chiropractic profession has always stated that to maintain GOOD HEALTH and FREEDOM from DISEASE, all spinal misalignments should be promptly checked and corrected.

Some of the conditions which respond well to Chiropractic:

- Nervous Tension
- Asthma
- Leg Pains
- Poor Circulation
- Sinusitis
- Digestive Disorders
- Headaches
- Bronchitis
- Shoulder and Arm Pains
- Fatigue
- Sciatica
- Dizziness
- Insomnia
- Chest and Rib Pains
- Menstrual Problems
- Gall Bladder Disturbances
- Whiplash Injuries
- Allergies

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