Graphic Messages from a Chiropractor’s Facebook Page

In 2018, Steven Wiseth, 35, who had operated Health Quest Family Chiropractic in Thief River Falls, Minnesota, was charged with six counts of wire fraud and two counts of aggravated identity theft that involved submitting false and fraudulent claims to insurance companies. The indictment alleged:

- To maximize patient volume at his clinic he promotional events that provided free food and drink, prizes, and gift certificates to induce current and prospective patients to visit Health Quest.
- After the promotional events, he billed insurance companies for chiropractic services to substantial numbers of individuals who had attended the events, including hundreds of services that were not provided.
- Over the course of the two-year scheme, he billed the insurance companies more than $3.1 million dollars, including bills for hundreds of treatments that were not provided or were overbilled, and the insurance companies paid him and Health Quest more than $1.1 million.

In 2017, after the Minnesota State Board of Chiropractic Examiners became aware of his alleged wrongdoing, Wiseth entered into a consent agreement under which he voluntarily surrendered his chiropractic license for a minimum of three years. Curious about how he had practiced, I visited his Facebook page and found that he posted verbal and graphic messages nearly day. He asserted that (a) everyone should have periodic spinal checkups and adjustments from birth onward, (b) chiropractic was generally safer and more effective than medical care, (c) prescription drugs are generally unsafe and should be avoided, and (d) vaccines are ineffective and dangerous. This document contains 174 of the graphics he posted to his Facebook page.
What are some of the conditions chiropractic may be able to help you with?

1. **Chronic Pain in the Neck**
   - Nearly 80% of chronic neck pain patients improve significantly with chiropractic care.

2. **Tennis Elbow Pain**
   - Over 50% of patients note immediate improvement after one treatment.

3. **Carpal Tunnel Syndrome**
   - Almost 70% relief within 3 weeks, on average.

4. **Conditions Involving Low Back Pain**
   - Nearly 50% respond significantly within 2 treatments, with an average improvement of 73%.

5. **Leg Pain Due to Herniated Disc**
   - Up to 80% more relief compared to disc injections.

6. **Pain in the Ankle**
   - Over 50% relief within 3 weeks, on average.

7. **Chronic Knee Pain**
   - Nearly 60% relief within 3 weeks, on average.

8. **Patients with Chronic Arthritis**
   - Over 70% of chronic arthritis patients who have tried chiropractic care think it is effective.

9. **Pain in the Shoulder**
   - Over 65% of patients feel "cured" within 5 weeks.

10. **Chronic Headache Pain**
    - Over 70% effective for migraine & cervicogenic headaches.

11. **Patients with Chronic Fatigue**
    - Up to 80% more relief compared to disc injections.

**Did you know that...**

- Over 80% of chiropractic patients are self-referred (by another patient, friend, relative, etc.)
- Over 95% of chiropractic patients would refer a friend or family member for chiropractic care.

**Chiropractic Improves**

- Health
- Quality Sleep
- Mental Focus
- Active Lifestyle
- Less Stress
- Happiness
- Healthy Weight
- Well-being
- Immune System
- Circulatory System
- Healthy Digestion
- Strength
- Mobility
- LIFE

**Chiropractic Reduces**

- Pain
- Disease
- Illness
- Stress
- Aches
- Insomnia
- Anxiety
- Depression
- Weight Issues
- Rx
- Fatigue
- OTC Remedies
- Injuries
- Bad Posture

**Are You Connected?**

ask your chiropractor
The Best Doctor is the One Inside You!

Chiropractic Adjusts, You Heal Yourself!

Chiropractors place emphasis on understanding the cause of illness in order to eliminate it, rather than simply treating symptoms.

There is a vast difference between treating effects and adjusting the cause.

That feeling you get when your chiropractor gives you an adjustment.

Chiropractic care can treat things patients did not know were wrong. Patients who have long suffered from aches, pains, and general poor health often find a visit to the chiropractor enough to ease years of misery.

Be at your best with Chiropractic

Ask your chiropractor how you and your family can feel great and experience wellbeing naturally with the five pillars of health.

- Daily movement
- Healthy spine and nervous system
- Positive mental attitude
- Quality sleep
- Eating right

You are designed to be extraordinary.

We help you be your best by restoring the communication pathways between your brain and your body.

It's called chiropractic.
Myth: Prescription and non-prescription drugs are safe.

Adverse reactions to properly prescribed medications are a leading cause of death in America. **CHIROPRACTIC CARE** offers a safe, drug-free alternative to many health problems.

Before You Trust Another Drug Company, Read This

In 2012, GlaxoSmithKline plead guilty to criminal charges of illegally marketing drugs and withholding safety data from US regulators. They were forced to pay $3 billion to the government. The Justice Department verified this is largest health-care fraud settlement in US history.

Over a period of more than a decade, the government’s investigation found GlaxoSmithKline bribed doctors with perks such as free spa treatments, Colorado ski trips, pheasant-hunting jaunts to Europe, and Madonna concert tickets.

"PHARMACEUTICAL COMPANIES don't create cures. THEY CREATE CUSTOMERS."

The pharmaceutical industry does not create cures, they create customers. YOU CREATE YOUR HEALTH.

"Medication only masks pain and other symptoms temporarily. Isn't it time to FINALLY figure-out what's causing your problem?"

Talk to your CHIROPRACTOR today.
nerve function

Many things can impair your nervous system and interfere with its function.

When there is no interference, your nervous system controls the healthy function of virtually every cell, tissue, organ, and system of your body.

The effects of nervous system dysfunction can not only affect your overall health but also the function of your organs and systems.

Do you know anyone experiencing...

FACT

Every cell, organ & tissue in the human body is controlled by your nervous system.

Since your spine protects it, wouldn’t it be ideal to keep it aligned with chiropractic care?

90% of the stimulation and nutrition to the brain is generated by the movement of the spine.

- Dr. Roger Bessery
(2006, Nobel Peace recipient)

Health in the body is dependent on a healthy functioning nervous system. Chiropractic adjustments reduce nervous system stress. As the nervous system regains proper function, all systems of the body are improved.
CHIROPRACTIC

- Your spine has 24 vertebra with cartilage at the endplates
- The cartilage will deteriorate from unbalanced weight on them
- Balanced posture has proven to prolong human lifespan
- Nerve roots exit bones & supply organs, glands & tissues
- Unbalanced posture causes local compression of these roots

Is your head pushed forward from your shoulders like the image on the right?
This can lead to headaches, muscle tightness, neck pain and spinal arthritis.
Chiropractic care can help alleviate and prevent all of the above, while restoring your posture back to normal.

"Do you have poor posture?
CHIROPRACTIC CARE can help straighten you out.
Schedule a check-up today."
**Areas Controlled by Nerves:**
- Blood supply to the head, pituitary gland, scalp, bones of the face, brain, inner and middle ear, sympathetic nervous system

**Possible Effects of a Misaligned C1:**
- Headache
- Nervousness
- Insomnia
- Head Cold
- High Blood Pressure
- Migraines
- Amnesia
- Dizziness

**Healthy Lifestyle Tips for Fibromyalgia Sufferers**

- Supplement 300 - 600mg of a magnesium / malic acid complex each day
- Eat more omega-3 fatty acids and fewer saturated fats. Include fresh fish, flax, and walnut oils in your diet.
- Improve your quality of sleep since it can help reduce fatigue. Watch caffeine intake, especially before going to bed. Reduce TV and computer time.
- Manage stress constructively. This can help with anxiety or depression issues.
- Do yoga, Pilates, or tai chi. They offer mild stretching, relaxation, and breathing techniques.
- Utilize chiropractic care and massage therapy. Both have consistently ranked as two of the best therapeutic approaches offering the most relief.

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**Chiropractic care shown to relieve asthma symptoms as well as colds and allergies.**

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**PREVENTING COLDS AND FLU**

Your Nervous System Controls and Regulates All Immune Function

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**Studies show chiropractic care can help with heart health, including lowering systolic and diastolic blood pressure.**
Chiropractic for Kids

Autism, Colic, Ear Infections, ADD/ADHD, Cold, Sleep Disturbance, Acid Reflux, Allergies, Difficulty Nursing, Asymmetrical Head Shape, Nursing, Digestive Issues, Bed Wetting, Sinus Congestion

Chiropractic for Babies & Kiddos

Can help with: Sleep issues, Colicky baby, Ear aches, Acid reflux, (Silent) reflux, Asthma, Allergies, ADHD, Wetting the bed

A scoliosis is a sideways curvature of the spine that occurs most often during the growth spurt just before puberty.

Chiropractors are trained to identify a scoliosis early-on and help straighten the spine.

When was your child's last check-up?

Major medical journal studies have noted a direct correlation between bad posture and poor overall health.

Chiropractors are trained to safely correct these spinal distortions.

95% of infants have misalignments after birth - chiropractic is shown to relax muscular tension, improve sleep, can reduce colic symptoms, and can improve breastfeeding outcomes in newborns.

According to the findings of a three-year study by the Foundation for Chiropractic Education and Research, children with mild scoliosis treated with chiropractic adjustments showed a reduction in their spinal curvature.
10 Reasons Parents Take Their Children To See A Chiropractor

1. To maximise and increase their child's brain and nerve development
2. To enhance their child's overall wellbeing
3. To strengthen immunity and reduce the incidence of colds, ear-aches and general illness
4. To help with colic/irritable baby syndrome
5. To help with asthma, breathing difficulties and allergies
6. To improve spinal posture
7. To improve their child's ability to concentrate
8. To assist with behavioural disorders and offer greater emotional wellbeing
9. To help alleviate bed wetting and digestive problems
10. To assist with sleep issues

Chiropractic care for children was shown to be safe and effective.

IT'S BETTER TO GROW HEALTHY KIDS THAN TO FIX INJURED ADULTS.
Is chiropractic care appropriate for children?

Kids are very physically active and experience many types of falls and injuries from activities of daily living as well as from participating in sports. Injuries such as these may cause many symptoms including back and neck pain, stiffness, soreness or discomfort.

Chiropractic adjustments are a very skilled form of care performed gently in children.

Why should I take my child to a chiropractor?

If you want to give your child the best chance at optimal health and all the benefits of a conservative, drugless approach to health care, you should take your child to a chiropractor.

It’s important to have an exam during the child’s first year of life since spinal trauma can occur during birth, while learning to walk, and from tumbles.

Can Chiropractic Help Ear Infections?

Did you know frequent ear infections are the second most common reason for surgery in children under 2?

According to many medical studies, prescribed antibiotics are often not much more effective than the body’s own immune system.

Also, repeated doses of antibiotics can lead to drug-resistant bacteria that scoff at the drugs, while leaving the child screaming in pain.

This is a big reason more parents are turning to chiropractors. Clinical research has shown that specific chiropractic care can help mobilize drainage of the ear in kids.
Performing at my best is important to me and should be to everyone. I am blessed that my dad is a chiropractor. Getting adjusted regularly - along with practicing other good health habits that my mom helped me to establish - are all part of my goal to win in life and on the field.

AARON RODGERS
Super Bowl XLV MVP
Quarterback
Green Bay Packers

"The care and maintenance of the spine and nervous system is a necessary component of any natural approach to health and wellness."

"YOU MIGHT AS WELL ROB A BANK AND ONLY TAKE THE PENS"

Maintenance chiropractic adjustments can help prevent spinal degeneration, keep your back bones moving normally, restore good posture, and promote optimal health.

Getting adjusted a few times a year is like brushing your teeth a few times a year...It's just bad hygiene.

"Those who are wise #GetAdjusted"

YOU ONLY GO TO THE CHIROPRACTOR FOR PAIN RELIEF?

Maintenance chiropractic adjustments can help prevent spinal degeneration, keep your back bones moving normally, restore good posture, and promote optimal health.
### Chiropractic Wellness Care Helps To

<table>
<thead>
<tr>
<th>Improve Nervous System Function</th>
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<tbody>
<tr>
<td>Relieve Prenatal Discomfort</td>
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<tr>
<td>Increase Vitality and Improve Quality of Life</td>
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<tr>
<td>Improve Overall Health and Wellness for Infants, Children and Adults</td>
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<tr>
<td>Relieve Migraine and Tension Headaches</td>
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<td>Decrease Blood Pressure</td>
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<tr>
<td>Relieve Stress and Tension Disorders</td>
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<td>Improve Sleep Disorders</td>
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“**MYTH:**

Once you go to a chiropractor, you have to keep coming back.

The truth is, many patients willingly choose maintenance care, just like they’d go to a dentist periodically. Like keeping your teeth cavity-free, spinal hygiene and chiropractic adjustments are a part of a healthy lifestyle.”

Can I tell if I have a spinal subluxation? Sometimes yes, sometimes no.
Spinal subluxations are like cavities in your teeth. You may have them long before physical symptoms surface. That’s why maintenance checkups are so important.

“**Even if conventional medicine**
tells you that your condition is incurable or that your only option is to live a life dependent on drugs with troublesome side effects, there is hope for improving or reversing your condition.

- Leon Chaitow, ND, DO
Spinal problems are like a cavity in your tooth. They can get worse or you can do something, but they don’t go away on their own.

LIVE WITH VITALITY! #GetAdjusted

The power is within you to function at your best & thrive... Your Chiropractor knows how to flip the switch.

Get adjusted.

Isn’t she worth it? #GetAdjusted

Great Health Is An Inside Job...
That Begins Here.
Make Chiropractic part of your LIFE!!!
Get Adjusted!!!
Call us today and get started on a healthy you.

IN A PICKLE? #GETADJUSTED

Listen to your body’s whispers before they become screams
#GetAdjusted

GET ADJUSTED

“I didn’t know how much I could improve until I started seeing a chiropractor. Since I’ve been in chiropractic, I’ve improved by leaps and bounds both mentally and physically.”
- Michael Jordan
The Ontario government commissioned a study on chiropractic that analyzed all available clinical studies, statistics and other pertinent data and found that there was an "overwhelming body of evidence" that chiropractic was superior, more therapeutically effective, cost efficient, safer, more scientifically based and had a much higher level of patient satisfaction than Medical care.

It cautioned the Ontario government against many of the "untested, questionable or harmful medical treatments" and urged the government to prefer chiropractic care over Medical care for some ailments.

It also recommended that chiropractors be "gate keepers" in hospitals when admitting back ailments.

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The philosophy, art, and science of chiropractic places emphasis on the patient's inherent recuperative abilities rather than surgery.

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"CHIROPRACTORS pay an average of 10-20 times LESS than medical doctors for malpractice coverage. INSURANCE company statistics prove chiropractic care is safe for the family."

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Chiropractic care is both preventative and corrective. It can be used on a regular basis to increase mobility and promote well-being.
A 2009 MERCER STUDY found chiropractic care was far more valuable than medical treatment for neck and low back pain.

STOP SUFFERING AND VISIT A CHIROPRACTOR TODAY.

CHIROPRACTIC PATIENTS were three times more satisfied with their care than patients of family practice physicians.

“Medicine is the study of disease and what causes man to die. Chiropractic is the study of health and what causes man to live.”

-Chiropractic care, along with exercise, relieve neck pain more effectively than medication.

According to a medical study by the Annals of Internal Medicine and funded by the National Institutes of Health, medication is not the best option for treating neck pain.

After following 272 neck-pain patients for 12 weeks, those who used a chiropractor or exercise were more than twice as likely to be pain free compared to those who took medication.

Chiropractic care has been shown to be 5 times more effective than NSAID pain drugs in the treatment of chronic neck and low back pain.

- Spine Journal, 2003
**CHIROPRACTIC FOCUSES**

on the relationship between structure (primarily the spine) and function (as coordinated by the nervous system) and how that relationship affects the preservation and restoration of health.

Doctors of chiropractic practice a holistic (total person) approach to healing, which typifies the new and changing attitude towards health.

It is based on the concept of maintaining health versus treating disease.

If you are the type of person that lives pro-active and not re-active lifestyle, you should see your chiropractor.

Chiropractic is a patient-centered, hands-on approach to health that's focused on influencing bodily function through structural correction.

Does your back feel knotted-up?

A chiropractor can identify the cause and help fix the problem.

Discover how to feel better than you have in years.

I think I need pain killers for my sciat...

Go see a Chiropractor!

CHIROPRACTIC IS NOT A TREATMENT.

It’s a lifestyle.

Does your back feel knotted-up?

A chiropractor can identify the cause and help fix the problem.

Discover how to feel better than you have in years.
After surveying 19,700 patients, researchers from the prestigious Spine Journal concluded the risk of having a serious adverse event after a chiropractic adjustment was slim to none.

Am I Too Old For Chiropractic Care?
No. Senior citizens are consulting chiropractors in record numbers. With growing concerns about over-medication and the side effects of combining various prescription drugs, chiropractic care is quickly growing in popularity.

The adjusting technique used by the doctor is safe along with individually tailored for maximum comfort and results.

Regardless of your age, chiropractic care can help improve mobility, restore function, and maintain vitality.

CHIROPRACTIC is health care, not disease care.
For the last 115+ years, chiropractors have encouraged proactive maintenance of the human body and wise lifestyle choices which are necessary to achieve optimal health.

CHIROPRACTIC helps restore your body's normal biomechanics, which reduces stress on the spine and nervous system allowing you to function at 100%.
The Top 10 Lies in Healthcare

- Vaccines make you healthy
- Pharmaceuticals prevent disease
- Doctors are experts in health
- You have no role in your own healing
- Disease is bad luck or bad genes
- Screening = Prevention
- Health ins. is out to keep you healthy
- Hospitals are places of health & healing
- Conventional medicine is advanced
- More research equates to more cures

The greatest threat of childhood diseases lies in the dangerous and ineffectual efforts made to prevent them through mass immunization...

There is no convincing scientific evidence that mass inoculations can be credited with eliminating any childhood disease.

Robert Mendelsohn, MD

“SINCE 1989, vaccine injury compensations exceed $2,300,000,000 paid-out to those receiving vaccines. Tell me again how safe they are...”

Chiropractors and medical doctors don’t cure disease. It’s your body that does the curing.

Chiropractic: A Safe and Extremely Effective Alternative to Drugs, Medications and Surgeries for Pain, Discomfort and Reduced Range of Motion from Children to Seniors Alike.
How many of your friends are suffering with back pain, headaches, pinched nerve sensations, and neck pain? Did you know chiropractic care can get to the cause and permanently fix those conditions?

Give your friends the gift of health today. Refer them to a Doctor of Chiropractic.

"Subluxation robs the body's ability to focus, think, organize and HEAL."

The less we focus on the eradication of germs and the more emphasis we place on creating a strong, balanced body, free of subluxation, the better off our children will be.

—SEAN MANNING, DC
SUBLUXATION FACT:
18% of all nerve fibers in the human body are designed to produce pain when that specific nerve is being pinched. The remainder 82% are not designed to produce pain when a nerve is being pinched. Which means you could have a subluxation in your body and not even realize it.

It’s What’s On The Inside That Counts.
What’s inside your spine?
Your Spinal Cord.
The Information Super Highway from your brain to every function, organ, and cell in your body.
Protect it.
Even the slightest spinal misalignment can cause pressure on nerves, which can lead to nervous system dysfunction, illness, and disease.
Choose Chiropractic

MONDAY:
Nothing an adjustment can’t fix!

A two year study conducted by the Italian government followed 17,000 patients.
The dramatic results showed that patients under chiropractic care had their hospitalization for back ailments reduced by 87.6% and work loss by 75.5%.

The body can be affected by chemical exposure and emotional stresses in such a way as to cause subluxations.

Chiropractors look at the underlying issues, instead of just treating the surface symptoms.

David Gustitus, DC

There are two paths in life... survival and thrive.
Chiropractic choices change!

Prof. Stelldon, Chiropractic Therapeutic Effectiveness-Social Importance. Incidence on Absence from Work and Hospitalization: Italy
Getting CHIROPRACTIC adjustments throughout pregnancy can relieve and even PREVENT common discomforts experienced by women.

Chiropractic care throughout pregnancy removes interference to the mother's nervous system, enhancing baby development and uterine function. It balances her pelvis, eliminating undue tension to muscles and ligaments and enhancing optimal fetal positioning.

"Chiropractic care in pregnancy can help with:
- controlling symptoms of nausea
- reducing the time of labor and delivery
- maintaining an overall healthier pregnancy for mom and baby

Special tables and pillows are used so pregnant women can lie in the prone (face down) position while being treated.

Chiropractic and pregnancy is like peanut butter and jelly

"Did you know that pregnant women who receive chiropractic care report easier and faster deliveries

Many chiropractors are also specially trained in the Webster Breech Technique, which helps to reduce uterine torsion so the baby can turn itself into the proper position for a safe, less painful delivery."
Low Back Pain? We can offer you quick relief during all three trimesters. Within just a few sessions of Prenatal Massage, and gentle Chiropractic Care we can get you feeling more comfortable now, during and after your pregnancy.

**MYTH: CHiropractic CARE IS EXPENSIVE.**
Many insurance companies (including Medicare) cover chiropractic because they have statistically quantified the benefits of preventative care versus drugs and surgery.

**IT SAVES EVERYONE MONEY.**

Chiropractic During Pregnancy

- Shortens labor by making room for baby to get into head down (vertex) position.
- Can alleviate morning sickness.
- Relieves joint pain & inflammation.
- Helps with insomnia.

I feel that chiropractors correctly stress the importance of the spine to general health of mind and body, a fact often under rated by most medical doctors.

Andrew Weil MD

**CHIROPRACTIC**

**SIDE EFFECTS MAY INCLUDE**

- Better Coordination
- More Restful Sleep
- Back Pain Relief
- Improved Posture
- Fewer Colds
- Less Stress
- Fewer Headaches
- More Energy

Back pain is commonly recognized as the #1 cause of disability worldwide.

A chiropractor can identify what's causing the problem and help provide you safe, natural and permanent relief.
Headaches can be caused by chemical, environmental, emotional or physical stress.

**MILLIONS OF PEOPLE** each year visit **CHIROPRACTORS** for safe and natural headache relief.

See for **YOURSELF** why so many are raving...

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Removing the battery from a sounding smoke alarm when your food starts to burn is like taking a pain pill for your headache. It doesn’t solve the problem. **CHIROPRACTORS** are interested in the cause of headaches and can help you get **PERMANENT** relief.

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Why didn’t someone tell me?

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Taking pain pills for a headache is like putting tape over a flashing engine light in your car. The underlying **CAUSE** of the problem hasn’t been fixed.

**CHECK ENGINE**

CHIROPRACTIC can help.

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Cervical spine manipulation was associated with significant improvement in headache outcomes in trials involving patients with neck pain and/or neck dysfunction and headache.


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In Alignment Each Day... Keeps Sickness Away!!!

CHIROPRACTIC

Truly Preventive Health Care
Mercury fillings are one source of mercury contaminating the fish and seafood that we eat. The environmental health effects of dental mercury are well known: brain damage and neurological problems, especially for children and the unborn babies of pregnant women.

- Consumer for Dental Choice

CHIROPRACTIC CARE
is the MOST conservative and least invasive way to permanently alleviate back pain, neck pain, and headaches.

Millions of patient success stories are documented each year.

Experience for yourself what so many are raving about...

Ask your doctor if getting adjusted is right for you.

Side effects may include:
- increased activity
- decreased illness
- improved quality of living

Carve Out Some Time For An Adjustment

“Medicine is the study of disease and what causes man to die. Chiropractic is the study of health and what causes man to live.”

BJ Palmer

Chiropractic is the largest, most regulated, and best recognized of the complementary and alternative medicine (CAM) professions. It is the third largest doctoral-level health care profession after medicine and dentistry.

- Annals of Internal Medicine

Your body knows what to do, CHIROPRACTIC JUST HELPS IT FIND IT'S WAY!

ChiropracticAmplified.com
Yes. In fact, it's very rare these days for an insurance plan not to cover chiropractic care.

You'll find coverage on major medical carriers (BCBS, Aetna, United Healthcare, Cigna, etc.), workers compensation, and Medicare.

Do you know anyone who would like:
60% less hospital admissions
59% less days in the hospital
62% less outpatient surgeries
85% less in pharmaceutical costs

A 7-year study showed that patients whose primary physician was a chiropractor, experienced the above results.

For the health of your loved ones...

CHOOSE CHIROPRACTIC

There is no such thing as a "normal" headache.
Pain is a warning sign by your body telling you something is wrong.
See your chiropractor to identify and help correct the underlying cause.

A study in the Journal of Manipulative and Physiological Therapeutics examined systolic and diastolic blood pressure and patients' anxiety levels before and after a chiropractic adjustment.

In all cases, those individuals who received active treatment experienced a distinct drop in blood pressure and a decrease of their anxiety levels.

A Consumer Reports study found that 80% of Americans will experience back pain at some point in their lives.

Researchers found chiropractic was the most effective treatment and had the highest patient satisfaction.

The human body heals itself.
For example, if you cut your finger, you don't have to consciously think about repairing the wound in order for healing to occur.
It just automatically happens because your body is always trying to return to normal.
Chiropractic care is effective for enhancing athletic performance. Professional and amateur athletes often use chiropractic treatments to help them reach their athletic goals.

All 32 NFL teams use chiropractic. Get adjusted!

SEE FOR YOURSELF WHAT THEY'RE RAVING ABOUT!

I found that going to a chiropractor three times a week helps my performance.

I have to have an adjustment before I go into the ring. I do believe in CHIROPRACTIC.

The majority of boxers go to get that edge.
**DID YOU KNOW?**

*Chiropractic doesn’t costs it saves!*

Over 7 years people who chose chiropractors as their primary source for health spent:

- **60.2% less in hospital admissions**
- **59% less hospital days**
- **62% less outpatient surgeries and procedures**
- **85% less pharmaceutical costs**

Are you or a loved one hunched over all the time?

This type of poor posture is referred to as a hyperkyphosis and can eventually cause serious health problems.

A chiropractor can safely help straighten you out so you look and feel better.

Chiropractic is not a religion or belief. It’s based on the scientific fact that the NERVOUS SYSTEM is the master control center in the human body.

Chiropractic is a conservative, natural healing art and science that focuses on keeping people healthy. Its basic wellness premise dates back to specific “manipulations” first used thousands of years ago by the ancient Egyptians.

Life is great...

Chiropractic Care makes it better.

Are you taking pills?

Have you ever thought about a Natural Approach?

Health Quest Family Chiropractic

[Health Quest Family Chiropractic website]
How you’re “feeling” is a poor way to measure your overall health.

For example, tooth decay, breast cancer, nerve compression, and clogged arteries can take years for noticeable symptoms to manifest.

When was your last wellness check-up?

“THE NERVOUS SYSTEM controls and coordinates all organs and structures of the human body. Gray’s Anatomy Textbook”

“CHIROPRACTORS detect and correct the cause of nerve compression and interference, allowing your body to self regulate, adapt and heal.”

Chiropractic care is safe and common. On an average day in the U.S., approximately one million patients undergo chiropractic treatment.
Whiplash is a term that refers to an injury of the neck caused when it's suddenly and/or violently jolted in one direction and then another, creating a whip-like movement.

Most commonly this condition occurs in car accidents.

Whiplash frequently results in sprain-strain injuries of the neck.

Ask your chiropractor what you can do to recover faster.

Can I see a chiropractor if I have osteoporosis?

Yes. Doctors of Chiropractic perform a thorough case history and use gentle adjustment techniques to help elderly patients that have bone conditions.

No matter what your age, you can benefit from chiropractic care and experience relief.

Corrective chiropractic care is designed to help restore the proper position of spinal bones much like dental braces are used to rehab crooked teeth.

Did you know that neurosurgeons and orthopedics regularly refer patients to chiropractors?

They understand that most back and neck pain can be resolved using conservative, non-invasive methods.

Suffering from a slipped or bulging disc?

CHIROPRACTIC CARE can help take pressure off the nerve that's causing you pain.

Does chiropractic work for every single health problem?

No. However chiropractic care is successful with a very wide variety of health issues not necessarily considered back problems. This is because it improves and enhances the function of your nervous system.

With a normal unrestricted nerve supply, the body's natural healing capacity can improve a variety of health conditions.